

Attend Anywhere – Offering therapy appointments over Video.

What equipment do I need?

1. Internet connection
2. A smart phone or computer or laptop or desktop computer – with a camera and microphone

Setting up Attend Anywhere

1. If you have a desktop, laptop, android tablet or smartphone then open up your internet by clicking onto :

Google chrome icon 

OR

If you have an Apple Imac, Macbook, ipad or iphone , you need to click on the

Safari browser icon 

2. Type in : <https://nhsattend.vc/asp/therapies>
3. On this web page, click on the **Start Video Call** button and follow the instructions. It will ask you to type in your name and Date of Birth
4. You will then **wait** in your own **private video room**
5. Your therapist will see that you are waiting and will **join you** by video when they are ready



Other questions you may have:

What are the benefits of using this service?

- Reduced risk of spreading Coronavirus infection.
- More flexible appointment times to suit you.
- Ability for review and follow up through the virtual service
- Environmentally friendly.
- Appointments without the need for face masks. This can help with conversations and some therapy.

Don't staff need to see me in person to help me?

There is evidence that self-management with professional guidance results in positive outcomes for patients. You may benefit from a combination of video and in person appointments.

If you would like more information on the Attend Anywhere, please view this **Youtube video** - <https://www.youtube.com/watch?v=wGtVW1EJzTY>