I.D.:\_\_\_\_\_

### Stroke Social Network Scale

### Children

C1. How many children do you have? (list number of daughters/sons)

Sons	Daughters

C2. In the past month how often did you see your children?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

C3. In the past month, how often were you in contact with your children by telephone, email or letter?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

S1. How satisfied were you with the frequency of contact?

very satisfied	fairly satisfied	a little satisfied	a little dissatisfied	fairly dissatisfied	very dissatisfied

#### Relatives

R1. About how many close relatives do you have (not including children or spouse) – people you feel at ease with and can talk about what is on your mind?

R2. In the past month, how often did you get together with relatives, like going out together or visiting in eachother's homes?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

R3. In the past month, how often were you in contact with your relatives by telephone, email or letter?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

S2. How satisfied were you with the frequency of contact?

very satisfied	fairly satisfied	a little satisfied	a little dissatisfied	fairly dissatisfied	very dissatisfied

### Friends

F1. About how many close friends do you have – people you feel at ease with and can talk about what is on your mind? \_\_\_\_\_

F2. In the past month, how often did you get together with friends, like going out together or visiting in each other's homes?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

F3. In the past month, how often were you in contact with your friends by telephone, email or letter?

Every day	2 or 3 times a week	At least once a week	2 or 3 times in the month	About once in the month	Not at all

S3. How satisfied were you with the frequency of contact?

very satisfied	fairly satisfied	a little satisfied	a little dissatisfied	fairly dissatisfied	very dissatisfied

## Neighbours

S4. How satisfied were you with the frequency of contact with neighbours?

very satisfied	fairly satisfied	a little satisfied	a little dissatisfied	fairly dissatisfied	very dissatisfied

## Groups

WN2. Do you regularly join in the activities of any of these types of organisations?

Political parties, trade unions, environmental groups? Tenants groups, residents' groups, Neighbourhood Watch? Church or other religious groups, charitable organisations? Education, arts, or music groups or evening classes? Social clubs (eg Rotary club, Women's institute, Townswoman's Guild etc)?

Sports clubs, gyms or exercise classes? Other groups or organisations?

WN3. How active are you in these groups/clubs?

Very active, attend most meetings	Fairly active, attend fairly often	Not active, belong but hardly ever go	Do not belong to any groups or clubs

## Proximity

C4. How far away does your nearest child or close relative live?

No relatives	Same house/ within 1 mile	1-5 miles	6-15 miles	16-50 miles	50+miles

F4. How many of your close friends live nearby? (within 5 miles)

None of them	Some of them	Most of them	All of them

## **Overall satisfaction rating**

S5. How would you rate your overall satisfaction with your social network?

very satisfied	fairly satisfied	a little satisfied	a little dissatisfied	fairly dissatisfied	very dissatisfied

# Loneliness

L1. How often do you feel lonely?

never lonely	lonely a little of the time	lonely some of the time	lonely most of the time	lonely all of the time