## Stroke Social Network Scale

This scale asks you questions about your friends and family.

## Children

How many sons?
How many daughters?


In the past month, how often did you see your children?

| Every day | 2 or 3 times <br> a week | At least <br> once a week | 2 or 3 times <br> in the month | About once <br> in the month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Children

In the past month, how often were you in contact by

Telephone

Letter

Email?

| Every day | 2 or 3 times <br> a week | At least once <br> a week | $\mathbf{2}$ or 3 times <br> in the month | About <br> once in <br> the month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Children

How satisfied were you?

| (-) |  |  |  |  | $\left(\theta_{0}^{5}\right.$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| very satisfied $\sqrt{ } \sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ }$ | dissatisfied X | dissatisfied XX | very <br> dissatisfied XXX |

## Relatives

## How many?

In the past month, how often did you see your relatives?


| Every day | 2 or $\mathbf{3}$ times <br> a week | At least once <br> a week | $\mathbf{2}$ or $\mathbf{3}$ times <br> in the month | About once <br> in the month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Relatives

In the past month, how often were you in contact by

Telephone

Letter

Email?

| Every day | 2 or 3 times <br> a week | At least once <br> a week | 2 or 3 times <br> in the month | About once <br> in the month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Relatives

How satisfied were you?

| (3) |  |  |  |  | $\theta$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| very satisfied $\sqrt{ } \sqrt{ } \sqrt{ }$ | $\begin{aligned} & \text { satisfied } \\ & \sqrt{ } \sqrt{ } \end{aligned}$ | satisfied $\sqrt{ }$ | dissatisfied X | dissatisfied XX | very <br> dissatisfied XXX |

## Friends

How many close friends?


In the past month, how often did you see your friends?

| Every day | $\mathbf{2}$ or $\mathbf{3}$ times <br> a week | At least once <br> a week | $\mathbf{2}$ or $\mathbf{3}$ times <br> in the month | About once <br> in the <br> month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Friends

In the past month, how often were you in contact by

Telephone

Letter

Email?

| Every day | $\mathbf{2}$ or $\mathbf{3}$ times <br> a week | At least once <br> a week | $\mathbf{2}$ or 3 times <br> in the month | About once <br> in the month | Not at all |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

## Friends

How satisfied were you?

| $\because$ |  |  |  |  | $\left(\theta^{2}\right.$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| very satisfied $\sqrt{ } \sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ }$ | dissatisfied X | dissatisfied XX | very dissatisfied XXX |

## Neighbours

Thinking about how often you see your neighbours....
How satisfied were you?

| ( $\because$ |  |  |  |  | $\left(\theta^{2}\right.$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| very satisfied $\sqrt{ } \sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ }$ | dissatisfied X | dissatisfied XX | very dissatisfied XXX |

## Groups

## Do you belong to any groups?

Examples of groups:
Political parties, trade unions, environmental groups
Neighbourhood: Tenants groups, residents' groups, Neighbourhood Watch
Religious: Church or other religious groups, charitable groups
Education, arts, or music groups, evening classes
Social clubs (eg Rotary club, Women's Institute)
Sports clubs, gyms, exercise classes
Other groups or organisations

## Groups

How active are you?

| Very active | Fairly active | Not active (belong <br> but hardly ever go) | Do not belong to <br> any groups |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

## Proximity (how near is...)

How far away does your nearest child or close relative live?

| No relatives | Same house/ <br> within 1 mile | $1-5$ miles | $6-15$ miles | $16-50$ miles | $50+$ miles |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |

How many of your close friends live nearby (within 5 miles)

| None of them | Some of them | Most of them | All of them |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

## Satisfaction

How satisfied are you overall with your social network?

| (-) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| very <br> satisfied $\sqrt{ } \sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ } \sqrt{ }$ | satisfied $\sqrt{ }$ | dissatisfied $\mathbf{X}$ | dissatisfied XX | very <br> dissatisfied XXX |

## Loneliness

How often do you feel lonely?


| never lonely <br> ne | lonely a little <br> of the time | lonely some of <br> the time | lonely most of <br> the time | lonely <br> all of the <br> time |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |

