

Name/ID: _____ d.o.b.: _____ Δ: _____ Date: _____

SAQOL-39g Scoring Sheet

DURING THE PAST WEEK (Repeat as in SAQOL-39)

Item ID	How much trouble did you have (Repeat before each item or as necessary)	Couldn't do it at all	A lot of trouble	Some trouble	A little trouble	No trouble at all	Domain scores		
							Physical	Comm.	Psycho- social
SC1.	preparing food?	1	2	3	4	5			
SC4.	getting dressed?	1	2	3	4	5			
SC5.	taking a bath or shower?	1	2	3	4	5			
M1.	walking? (If respondent can't walk, circle 1 and go to question M7)	1	2	3	4	5			
M4.	keeping your balance when bending over or reaching?	1	2	3	4	5			
M6.	climbing stairs?	1	2	3	4	5			
M7.	walking without stopping to rest or using a wheelchair without stopping to rest?	1	2	3	4	5			
M8.	standing?	1	2	3	4	5			
M9.	getting out of a chair?	1	2	3	4	5			
W1.	doing daily work around the house?	1	2	3	4	5			
W2.	finishing jobs that you started?	1	2	3	4	5			
UE1.	writing or typing, <i>i.e. using your hand to write or type?</i>	1	2	3	4	5			
UE2.	putting on socks?	1	2	3	4	5			
UE4.	doing buttons?	1	2	3	4	5			
UE5.	doing a zip?	1	2	3	4	5			
UE6.	opening a jar?	1	2	3	4	5			
L2.	speaking?	1	2	3	4	5			
L3	speaking clearly enough to use the phone?	1	2	3	4	5			
L5.	getting other people to understand you?	1	2	3	4	5			
L6.	finding the word you wanted to say?	1	2	3	4	5			
L7.	getting other people to understand you even when you repeated yourself?	1	2	3	4	5			

DURING THE PAST WEEK:

Item ID	Did you (Repeat before each item or as necessary)	Definitely yes	Mostly yes	Not sure	Mostly no	Definitely no	Physical	Comm.	Psycho- social
T4.	have to write things down to remember them, (or ask somebody else to write things down for you to remember)?	1	2	3	4	5			
T5.	find it hard to make decisions?	1	2	3	4	5			
P1.	feel irritable?	1	2	3	4	5			
P3.	feel that your personality has changed?	1	2	3	4	5			
MD2.	feel discouraged about your future?	1	2	3	4	5			
MD3.	have no interest in other people or activities?	1	2	3	4	5			
MD6.	feel withdrawn from other people?	1	2	3	4	5			
MD7.	have little confidence in yourself?	1	2	3	4	5			
E2.	feel tired most of the time?	1	2	3	4	5			
E3.	have to stop and rest often during the day?	1	2	3	4	5			
E4.	feel too tired to do what you wanted to do?	1	2	3	4	5			
FR7.	feel that you were a burden to your family?	1	2	3	4	5			
FR9.	feel that your language problems interfered with your family life?	1	2	3	4	5			
SR1.	go out less often than you would like?	1	2	3	4	5			
SR4.	do your hobbies and recreation less often than you would like?	1	2	3	4	5			
SR5.	see your friends less often than you would like?	1	2	3	4	5			
SR7.	feel that your physical condition interfered with your social life?	1	2	3	4	5			
SR8.	feel that your language problems interfered with your social life?	1	2	3	4	5			
	SAQOL-39g Mean score	Add all items and divide by 39							
	Physical score	(SC items + M items + W items + UE items) / 16							
	Communication score	(L items + FR9 + SR8) / 7							

	Psychosocial score	$(T \text{ items} + P \text{ items} + MD \text{ items} + E \text{ items} + FR7 + SR1+SR4+SR5+SR7) / 16$	
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1. During administration: For each item, circle number that corresponds to respondent's choice
2. To calculate domain scores: Transfer each number to shaded area in same row. Average shaded boxes per column to calculate domain scores